PEDiATRIC SECTION

Pediatrics – The Foundation for Optimal Adult Health through the Life Course

Maximum number of CME is 20.75.

SATURDAY, JULY 29, 2023
7:30 – 12:00  Annual Walk a Mile with a Child
1:00 – 3:00  Edward C. Mazique, M.D. Symposium

SUNDAY, JULY 30, 2023
9:00 – 11:00  The Edith Irby Jones, M.D. Plenary Symposium
11:30 – 1:30  Council on Concerns of Women Physicians Annual Awards Program
2:15 – 2:20  Welcome
Yasmin Tyler-Hill, M.D., FAAP
Chair, NMA Pediatric Section

2:20 – 2:45  Closing the Nutrition Gap: How Dairy Supports a Pediatric Population from Infants to Adolescents
Introduction
Michal Young, M.D., FAAP
Affiliate Associate Professor
Department of Pediatrics and Child Health
Howard University College of Medicine
Washington, D.C.

Speaker
Priscilla M. Mpasi, M.D., FAAP
National Medical Association Region II Trustee
Associate Clinical Director, Complex Primary Care and Community Medicine
ChristianaCare
Newark, Delaware

2:45 – 2:50  Questions and Answers

2:50 – 4:00  Dr. Renee R. Jenkins Annual Trainee Abstract Symposium
Moderator
Renée R. Jenkins, M.D., FAAP
Professor & Chair Emerita
Department of Pediatrics and Child Health
Howard University College of Medicine
Washington, D.C.

4:00 – 4:30  Dr. Billie Wright Adams Scholarship Recipients
Moderator
Shawn Smith, M.D.
Dr. Billie Wright Adams Scholarship Committee Chair
Dr. Billie Wright Adams Scholar, 2004
Assistant Professor of Pediatrics
Anne & Robert H. Lurie Children’s Hospital of Chicago/McGraw Medical Center
Northwestern University
Monday, July 31, 2023

8:00 – 8:45  Presentations on Promoting Scholarly Activity in Pediatric Practices
Moderator  Witzard Seide, M.D., FAAP
Secretary, NMA Pediatric Section
CDR, U. S. Public Health Service
(DMO) Chief Medical Officer, Deployment Health
Medical Affairs Branch

8:45 – 9:00  Break

9:00 – 10:00  Organizational Pediatrics Forum
Overview and Introduction
Moderator  Christopher Golden, M.D.
Chair-Elect, NMA Pediatric Section
Associate Professor of Pediatrics
Neonatologist, Division of Neonatology
Medical Director, Newborn Nursery
Director, Pediatrics Core Clerkship
Johns Hopkins University School of Medicine
Baltimore, Maryland

Participants  
American Academy of Pediatrics
Benjamin Hoffman, M.D., FAAP
President-Elect

American Board of Pediatrics
DeWayne Pursley, M.D., MPH - Chair
Judy Schechter, M.D., MBA - President and CEO

American Pediatric Association
Jean Raphael, M.D.
President-Elect

American Pediatric Society
Michael DeBaun, M.D.
President

Association of Medical School Pediatric Department Chairs
Joseph W. St. Geme, III, M.D.- President
Leslie Walker-Harding, M.D. - President-Elect

Association of Pediatric Program Directors
Patricia Poitevien, M.D.
President

Council on Medical Student Education in Pediatrics
Lavjay Butani, M.D. - President
Abena Knight, M.D. - Co-Chair, Diversity, Equity, and Inclusion Resource and
Advisory Committee
Molly Rideout, M.D. - Co-Chair, Diversity, Equity, and Inclusion Resource and
Advisory Committee
Children suffer the impacts of inequity and disparity wrought by structural oppression and systemic racism. Pediatricians and other child health professionals bear constant witness to these impacts through their work, yet often lack the agency and ability to work to mitigate them. What is the role of child health professionals in effecting justice of children, their families and communities? Often, it is limited to advocacy at the individual level in the clinic room, or at the bedside. What does it mean to expand our scope of practice to engage communities and work for changes in systems and policy outside of our traditional clinical roles, and upstream, in terms of prevention?

We are natural advocates, and many of the core skills are already part of our practice. What is missing, and how can we both learn and employ those skills in ways that will not only benefit kids and communities, but also pediatricians, and the practice of pediatrics?

References

At the conclusion of this lecture, participants should be able to: 1) define physician advocacy, and the role of pediatricians as advocates at different levels of work and impact 2) describe the skills necessary to be an effective advocate; and 3) discuss the role of authentic relationships in community engagement and policy advocacy.
Following this Symposium, participants should be able to: 1) discuss managing the transition of care for patients with sickle cell disease from childhood to adulthood thereby improving outcomes for young adults with sickle cell disease; 2) understand the importance of creating a transition program for sickle cell disease; 3) describe ways of implementing a transition program in a busy clinical practice; 4) appreciate the current status of high-quality care access for those living with sickle cell disease in the United States; 5) describe existing models of sickle cell disease care access; 6) identify an approach to the successful implementation of a new adult sickle cell program; and 7) discuss the result of a collaborative quality improvement initiative in Florida.

Historical Overview
Moderator: Yasmin Tyler-Hill, M.D., FAAP

Speakers: Michael Rutledge DeBaun, M.D., MPH
- Director, Vanderbilt-Meharry Center for Excellence in Sickle Cell Disease
- Professor of Pediatrics and Medicine
- Vice Chair for Clinical and Translational Research
- Department of Pediatrics
- Nashville, Tennessee

Universal Access to High Quality Sickle Cell Disease Care: Are We There Yet?
While children with sickle cell disease in the United States are expected to live into adulthood and are provided accessible, high-quality care in specialized treatment centers, adults with sickle cell disease have been largely ignored by our healthcare system as a whole. This has led to disparate outcomes including acceleration of clinical complications, high acute care utilization, reduced quality of life, and preventable early mortality. In this lecture, Dr. Andemariam will describe the reasons for the current status of poor access to basic care for adults with sickle cell disease and highlight models of adult care around the country that could be replicated locally to expand access. She will end by detailing the grassroots approach she took in developing a new adult sickle cell program at her university hospital with initial limited resource and persistent immense passion.

Biree Andemariam, M.D.
- Professor of Medicine
- University of Connecticut Health
- Farmington, Connecticut

Why and How to Implement a Sickle Cell (AKA Chronic Illness) Transition Program
Ofelia A. Alvarez, M.D.
- Director, Pediatric Sickle Cell Program
- University of Miami Health System
- Miami, Florida

TUESDAY, AUGUST 1, 2023
7:30 – 8:30
Spectrum of Care for Obesity in Children and Adolescents: Medical and Surgical Interventions
The current and long-term health of 14.4 million children and adolescents is affected by obesity, making it one of the most common pediatric chronic diseases. Long stigmatized as a reversible consequence of personal choices, obesity has complex genetic, physiologic, socioeconomic, and environmental contributors. As the environment has become increasingly obesogenic, access to evidence-based treatment has become even more crucial.

The knowledge and skills to treat childhood obesity have become necessities for clinical teams in pediatric primary and subspecialty care. For more than 2 decades, the American Academy of Pediatrics (AAP) and its members have had the opportunity to collaborate with multiple scientific and professional organizations to improve the clinical care of children with overweight and obesity. Notable milestones include the 1998 “Expert Committee Recommendations,” the 2007 “Expert Committee Recommendations,” the creation of the AAP Section on Obesity and founding of the Institute for Healthy Childhood Weight, both in 2013; and the Institute’s “Algorithm for the Assessment and Management of Childhood Obesity” in 2016.

This session will utilize the AAP's first clinical practice guideline on obesity. Following this session attendees should be able to: 1) Review demographic and co-morbidity data supporting the use of metabolic and bariatric surgery in the pediatric population; 2) Discuss eligibility criteria and best practice guidelines; 3) Research the Update from the Teen-LABS study; 4) discuss challenges regarding access to care; and 5) Review the 2019 AAP Policy Statement / 2023 AAP Clinical Practice Guidelines.
8:20 – 8:25
Q & A

8:30 – 9:30
**Grace M. James, M.D. Memorial Lecture**
Sarah Y. Vinson, M.D.
Interim Chair
Department of Psychiatry & Behavioral Sciences
Director, Child and Adolescent Psychiatry Fellowship Program
Morehouse School of Medicine
Atlanta, Georgia

9:30 – 9:45
Break

9:45 – 11:00
**The Tridemic: COVID-19, Respiratory Syncitial Virus, and Influenza and the Importance of Immunization**
*combined session with the Family Medicine Section*

Tanya Rogo, MD, MPH, FAAP
Fellowship Program Director, Pediatric Infectious Diseases
Associate Professor of Pediatrics, Clinician educator
Brown University Alpert Medical School

Dial Hewlett, M.D.
Medical Director
Westchester County Department of Health Clinics
Westchester, New York

11:00 – 1:00
Visit the Exhibits

1:00 – 3:00
**Dr. David Nichols Annual Memorial Symposium**

1:00 – 1:05
**Historical Overview and Introduction**
Yolanda Wimberly, M.D., MSc
Moderator

David G. Nichols, MD, MBA, FAAP, FCCM
Emeritus President and Chief Executive Officer
The American Board of Pediatrics
Emeritus President, The American Board of Pediatrics Foundation
Emeritus Professor of Anesthesiology/Critical Care Medicine and Pediatrics
The Johns Hopkins University School of Medicine

1:05 – 1:25
**Transition from Childhood to Adulthood**
Jennifer R. Walton, MD, MPH, FAAP
Associate Division Chief, Developmental Behavioral Pediatrics
Co-Director, Williams Syndrome Clinic
Nationwide Children’s Hospital
Assistant Professor of Pediatrics

Director of Clinical Services & Associate LEND Director, Nisonger Center
The Ohio State University
Columbus, Ohio

1:25 – 1:30
Q & A

1:30 – 1:50
**Transition of Care from Childhood to Adulthood in Patients with Congenital Heart Disease**
Ivory Crittendon, M.D.
Pediatric Cardiologist
Oschner Health
New Orleans, Louisiana

1:50 – 1:55
Q & A

1:55 – 2:15
**Inequities in Asthma**
Akilah A. Jefferson, M.D., MSc
Assistant Professor of Pediatrics
Allergy and Immunology Division
University of Arkansas for Medical Sciences, College of Medicine
Arkansas Children’s | Arkansas Children’s Research Institute
Little Rock, Arkansas

2:15 – 2:20
Q & A

2:20 – 2:45
**Transition of Care: A Parent’s Perspective**
Robyn Kinebrew, MS
Senior Human Resources Professional
City of Cincinnati
Cincinnati, Ohio

2:45 – 2:50
Q & A

2:50 – 3:00
**Panel Discussion**

3:00 – 5:00
**Annual Business Meeting**
**Election of Officers**

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**Wednesday, August 2**

8:00 – 11:00
**Sports Medicine: A Primary Care Affair – Hot Topics**
*combined session with the Pediatric Section*

Primary care providers are at the front line of decision making regarding young athletes: Should they participate? Can they safely RETURN to activity? When and to whom to refer for specialty care?

8:00 – 8:10
**Overview and Introduction**
Moderator: Angela Wheeler, M.D.
Family Medicine Physician
Chicago, Illinois

8:10 – 8:55
**Sports medicine basics: The Importance of the Pre-Participation Physical, Preseason cognitive tests - baseline for concussion care**
**Asthma, Heat/Hydration. Update on injury care**
Larry L. Benson, M.D., CAQSM
Sports Medicine Physician

8:55 – 9:00
Q&A

9:00 – 9:45
**Sports and Cardiology: Hot topics**
**Cardiac Arrhythmia**
Disqualifying cardiac abnormalities, The hypertensive athlete

9:45 – 9:50 Q&A

9:50 – 10:35 Sports Psychology: Hot topics for your consideration
Effect of COVID-19 Pandemic, social media, Transgender athlete

10:35 – 10:40 Q&A

10:40 – 11:00 Panel Discussion / Audience Interaction